

MY PHONE FREE CHALLENGES

TODAY I CAN...

PAINT SOME PEBBLES

TIDY MY ROOM

GO FOR A WALK

READ A BOOK

PLAY A FAMILY GAME

VISIT A FRIEND

PUT ON A FASHION SHOW

BUILD A FURNITURE FORT

HAND WRITE A LETTER TO A FRIEND

DRAW A PICTURE

BAKE A CAKE

BUILD A SUPERHERO VEHICLE

